

Mediterranean Pasta Salad for 4



What?

1. Any favorite hummus : $\frac{3}{4}$ cup
2. Any pasta (medium to big elbow or shell pasta is best) : 2 cups
3. Cherry or grape tomatoes or chopped tomatoes : 1 cup
4. Fresh spinach : 3 cups
5. Chilli flakes (optional) : to taste

How?

1. Bring large pot of water to boil, add 1 tsp salt and 1 tsp oil
2. While water is boiling wash, rinse and chop spinach and tomatoes
3. Add pasta to boiling water, cook al-dente as per package instructions, drain, return to pot
4. Mix in hummus, fresh spinach and tomatoes, salt, pepper/chilli flakes
5. Enjoy!